



## Photofacial FAQ

### Using Intense Pulsed Light (I.P.L.)

- Intense pulsed light is used to target many different skin concerns such as diffuse redness, rosacea, scars, broken capillaries, sunspots and melasma. Some collagen tightening and remodelling can also occur with serial treatments.

### How much discomfort will I have?

- You will feel snapping sensations on the skin during your treatment which most people find quite tolerable. A cooling device is used to keep discomfort to a minimum. Topical anesthetics are not required.

### How do I prepare for my treatment session?

- A facial skin care program will be outlined for you that can be started before you commence your treatments and used as a maintenance program. The face must be clean and free of all make up when you come in for your treatment. Tanning/self tanners are strictly prohibited 4 weeks prior and a minimum of 1 week post treatment, as this may cause discoloration and/or scarring.  
\*\*If you arrive for your treatment and have had sun exposure or have been using self tanner in the 4 weeks prior, we will not be able to treat you and there will be \$100 fee.

### How often can the treatments be done?

- For best results we recommend 4 sessions spaced 4 weeks apart. Ongoing maintenance is necessary for optimal results such as a repeat photofacial once or twice a year. Your technician will recommend how frequently maintenance is performed based on your current skin concerns/conditions. Quality skin care is also essential to maintain results. A personalized facial program will be reviewed with you.

### What are the side effects?

- Your appearance immediately after treatment is similar to what you will see after a good exercise workout. The flushing and redness will last for a few minutes to several hours after treatment. If your skin is quite loose you may experience some swelling. The brown age spots and uneven pigmentation will turn slightly darker after treatment. This temporary darkness will dissipate within 4 weeks following your procedure. Blisters/scabbing can occur but are uncommon.

### How much improvement can I expect?

- Results can vary from patient to patient depending on the concern/skin conditions being treated. IPL can improve the clarity of the skin within a single treatment, leaving it looking younger and healthier. Depending on the condition of the skin, multiple treatments may be necessary.

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